



My child is sick, what should I do next?

To see the symptoms of COVID-19, please use the self-assessment tool found on the Alberta Health Services website at www.albertahealthservices.ca.

**We recommend booking a COVID-19 test.
Learn more by visiting www.albertahealthservices.ca**

Tested positive for COVID-19:

- You are legally required to isolate for a minimum of 10 days if you have tested positive for COVID-19.
- Isolation period is for 10 days from the start of symptoms, or until symptoms resolve, whichever takes longer.
- Please text or call the division COVID-19 number at **403-588-8155** and provide our division with information regarding your child's testing and symptoms. Learn more by visiting our website at www.rdcrs.ca.

Has symptoms but tested negative for COVID-19:

- If you tested negative and have no known exposure to the virus, you are not legally required to isolate. However, it is important to stay home until your symptoms resolve so that you do not infect others.

Close contacts of confirmed cases:

- You are legally required to isolate for 14 days and monitor for symptoms if you are a close contact of a person who tested positive for COVID-19.
- Please visit [Information for Close Contacts of a COVID-19 Case page](#) on the Alberta Health Services website.